

Aung Medical Qi Gong classes will be offered at:

Yoga for Today

#206, 2016 Sherwood Drive

Sherwood Park, AB T8A 3X3

Phone: 780-416-4211

www.yogafortoday.ca

Located in the Franklins Inn Building, at the corner of Sherwood Drive and Granada Boulevard. Studio is accessed by the east doors (opposite the main Franklins Inn entrance). A map is on the website.

Class schedule:

Thursdays, September 11 to October 30th 2008

Thursdays, November 6 to December 18th 2008

Registration is required and the studio charges a fee for its classes. The 8 week session fee is \$96.00. More information is available by calling the studio or on their website.

The studio is offering many free sample classes on Saturday, September 6th. Aung Medical Qi Gong will be offered at 9 a.m. (45 minute sample class). Registration is not required.

Thank You and Namaste,

Pam James

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