

International Buddhist Friends Association

9904 – 106 Street NW
EDMONTON, AB T5K 1C4 Canada
Tel: (780) 424-2231 Fax: (780) 424-8520
Email: draung@aung.com Website: www.aung.com



Message from the President, International Buddhist Friends Association (IBFA):

I would like to take this opportunity to greet all of you on behalf of the International Buddhist Friends Association (IBFA). As you are quite aware, the vision and mission of the IBFA are included in this directory. The IBFA was formed in 1980, where gradually we have gained a large membership and have regular Buddhist activities. Over the past 27 years the IBFA has sponsored various activities such as Dharma teachings, construction of pagodas, and Buddhist spiritual tours. We have also cooperated with other faiths and religions, by participating in inter-faith conferences and performing Buddhist blessings and various retreats for communities in Alberta, Canada, and Internationally.

In addition to the services the IBFA already provides, we also wish to provide a directory of Buddhist temples and associations within Alberta. This directory includes contact information as well as activities, and nature of tradition etc. This directory is not only good for Buddhists and people interested in Buddhism, but also interfaith and multi-faith persons. I am confident that this directory will be a very useful one for all concerned.

Due to the Freedom of Information and Privacy Act (FOIP) we are only able to include those associations that provided their information to us for inclusion in this directory. If your group would like to make changes to its information currently in the directory, or if your group would like to be included in future directories please complete the form on the next page and return it to our office either by mail or fax.

May you all be blessed with every happiness, peace and good health.

With Mettā,

Steven KH Aung, President
International Buddhist Friends Association



Buddhist Temples and Societies of Alberta Group Information Form

The current edition of the directory can be viewed at the following website:

<http://www.aung.com>

We shall be very grateful if you could provide us with the following information so we can include your group in the directory.

Is the information you are providing below, a change to information already listed in the directory? Yes No

- 1) Official name of your society
- 2) Director/president/spiritual head of your society
- 3) Contact information (eg. Address, Tel, Fax, Email and Website)
- 4) Registered status (provincial or national)
- 5) Nature of tradition (eg. Zen, Mahayana, Theravada, Tibetan, Shambhala, etc.)
- 6) Teachers of your society
- 7) Monthly/weekly/daily practice
- 8) Buddhist activities
- 9) Community services
- 10) International affiliation

Please kindly forward the above information to us at your earliest convenience.

**International Buddhist Friends Association
9904-106 Street Edmonton, AB T5K 1C4
Fax: 780-424-8520 Email: draung@aung.com**

Table of Contents

Many Petals, One Flower: International Buddhist Friends Association	
By Steven KH Aung, MD, FAAFP	1
IBFA Vision	4
IBFA Mission	4
IBFA Explanation of Logo	4
IBFA Membership Categories	5
Directory of Buddhist Temples & Societies of Alberta	
Alberta Buddhist Vihara Association.....	6
Buddhist Federation of Alberta.....	8
Calgary Buddhist Temple	8
Calgary Theravadin Meditation Society	9
Calgary Vipassana Meditation & Study Group	10
Community of Mindful Living – Bow Valley Sangha.....	11
Diamond Way Buddhist Society of Edmonton.....	12
Edmonton Buddhist Meditation Group.....	13
Edmonton Buddhist Peace Society	13
Edmonton Buddhist Research Institute	
Truc Lam Monastery	14
Edmonton Shambhala Buddhist Centre	15
Gaden Samten Ling Tibetan Buddhist Meditation Society	15
Kamtsang Choling Calgary Buddhist Society	16
Karma Tashi Ling Kagyu Tibetan Buddhist Meditation Society	17
Khmer-Canadian Buddhist Cultural Society.....	18
Lao Alberta Buddhist Temple	19
Marpa Gompa Meditation Society.....	20
Myanmar Buddhist Temple (Society)	20
Sri Sathya Sai Baba Centre of Edmonton.....	21
Tai Buddhist Center	22
True Buddha Pai Yuin Temple.....	22
True Buddha School Chin Yin Buddhist Society	22
Tzu Chi Foundation.....	23
Vietnamese Buddhist Congregation in Edmonton	
Phat Quang Temple	24
Willpower Institute Meditation Center – Calgary/Edmonton.....	24

**Many Petals, One Flower:
International Buddhist Friends Association (IBFA)**

By Steven KH Aung, MD, FAAFP

WFB Review ISSN: 0125-023X Vol.XXXVII No.3 July-Sept 2543/2000

In 1978 I arrived in Edmonton as a practitioner of integrated traditional Chinese medicine and Western family and geriatric medicine. Two years later I founded the IBFA, having perceived the need for an organization to promote Buddhism in Edmonton and Alberta. More specifically, I sought to establish an 'umbrella' group that would serve to bring the various Buddhist community groups together for mutual learning, sharing and spiritual cultivation. This, I hoped with all my heart, would help further the teachings of the Buddhist Dharma for the benefit of the multi-cultural Canadian community and, indeed, all sentient beings everywhere. As a physician I have always been exposed to the normal consequences of human nature, notably, suffering, sickness and old age and death, and I hoped the IBFA would provide service in this vital area, not only in Canada but also internationally.

The bringing together of the different groups under the aegis of the IBFA was a challenging task to be undertaken in a spirit of loving kindness. I have always tried to incorporate the Buddhist concern for loving kindness into my integrated medical practice as well as my initiatives involving the various Buddhist communities. In keeping with my Burmese Buddhist heritage, I conceptualize 'loving kindness' in terms of *metta*. *Metta* is a broad - but pivotal - term encompassing *karuna* (unconditional selflessness), *saydana* (compassion) and *mudita* (sympathetic joy).¹

My initial step in creating the IBFA was to meet with the members of the Dharmadatu Meditation Centre, directed by Thelma and Harry Hagood (it was one of the few active local Buddhist groups at that time). This was a productive meeting. I subsequently met with Rev Ikuta, Rev Miyakawa, Dr Kawamura, Dr Hironaka and other representatives of the Japanese Buddhist community of southern Alberta, the most active Buddhists in the province at that time. I also met with other notable individuals such as Lama Geshe Kaldan, who supported the idea of creating an umbrella group to bring Alberta Buddhists together to promote the Buddhist Dharma. Secondly, I donated some of my time and energy to help the Vietnamese Buddhist Congregation construct a temple in Edmonton. Third, I convened a planning conference of individuals and groups interested in Buddhism. It was held in Edmonton at the University of Alberta in May 1980. There were over 40 participants. I was pleased to find so much interest from Buddhists of various cultural traditions, including Canadian, Cambodian, Chinese, Japanese, Sri Lankan, Thai, Tibetan and Vietnamese. Conference participants wholeheartedly supported the idea of creating the IBFA.

The IBFA was formally established in the summer of 1980. I designed the IBFA emblem to represent - despite their interesting and enlightening differences - the essential unity of the various Buddhist traditions as represented by each group. Circling above the numinous lotus flower is the Buddhist rosary. Each bead of the rosary symbolizes a

distinct Buddhist community group. The beads are in contact with one another, but each has its own individuality and is free to exist, transform and evolve in its own right. It is my hope and conviction that the groups will continue to assist one another, the bigger groups helping the smaller, the stronger groups helping the weaker and the older groups helping the newer.

The IBFA's first annual Wesak Celebration of the birth, death and enlightenment of Siddhartha Gautama was held in May 1982 at one of the major high schools in Edmonton, the capital city of the province of Alberta, Canada. It was a harmonious, fruitful and enlightening occasion, with over 300 participants from various Buddhist community groups and the Alberta interfaith religious community. This formally established the Wesak Celebration as an annual event, which the IBFA organizes in co-operation with its member groups (it is held every year at the temple of a different affiliated organization). The IBFA's annual Wesak Celebration features Dharma talks from invited distinguished speakers, a bathing of the Buddha ceremony, flower presentations, special music and dance performances, metta chantings/blessings, a children's program, candlelight closing ceremony and vegetarian dinner. It is worth noting that the candles used in the inaugural candlelight ceremony 15 years ago are still used today for this same traditional, spiritual purpose.



The IBFA, in addition to its annual Wesak Celebration, sponsors and organizes visits by eminent Buddhist monks such as the Venerable Amchok Rinpoche and the Venerable Sayadaw U Thila Wunta (Mon). The Venerable Amchok visits Edmonton from time to time to present Dharma talk, retreats and other Buddhist ceremonials for IBFA members as well as the general public. He conducted the official opening ceremony of the Third World Congress of Medical Acupuncture and Natural Medicine held in Edmonton in August 1995.² This ceremonial featured the presence of eight medicine Buddha statues which, during a private meeting in Dharmasala, India, in January 1991, His Holiness the Dalai Lama suggested that I bring to Edmonton to bless and enhance the health, well being and quality of life of Albertans, Canadians – and all sentient beings.

The Venerable Sayadaw visited the IBFA in Edmonton, August 1987, when he constructed his 23rd international peace pagoda. He has erected many such pagodas in Myanmar and in several other countries around the world. It is the Venerable Sayadaw's way of facilitating the cultivation of world peace and harmony. The IBFA is currently helping him arrange to build a pagoda in South Africa.

The IBFA has also sponsored several sacred music/dance performances of the Rinpoche of Drepung Loseling Monastery, India. Moreover, as president of the IBFA, I was invited to represent the IBFA at the Buddhism into the Year 2000 Conference in

Bangkok in February 1991. Most recently, the IBFA has become involved in the lengthy and rigorous application process to join the World Fellowship of Buddhists.

In conclusion, I would like to say that as it approaches the 20th anniversary of its founding and the advent of 21st century, the IBFA is prepared to continue its humble role in expanding the Buddhist Dharma, providing social services and charitable works and enhancing understanding of Buddhism among Albertans and Canadians.³ We have achieved some success, but more work needs to be done to enhance Buddhist unity and help spread the precious, compassionate and enlightening light of the Triple Gem – the Buddha, the Dharma and the Sangha. We of the IBFA embrace the concept of “many petals, one flower” and we fervently hope that all sentient beings everywhere come to realize and dwell in the wellness of their own being.

I would like to extend my heartfelt gratitude to all those who have taken the time and effort to support the IBFA and participate in its activities and events over the years. We treasure the spirit of kind co-operation and harmony among all Buddhist groups – there are now over 20 affiliated organizations in the IBFA – and we value the unique contribution of each individual and group to furthering the Buddhist Dharma. In unity there is strength, and our goal is to help create a strong and harmonious Canadian and international community unified in the quest for genuine compassion.

Namo Tassa Bhagavato Arahato
Samma Sambuddhassa
Namo Tassa Bhagavato Arahato
Samma Sambuddhassa
Namo Tassa Bhagavato Arahato
Samma Sambuddhassa



NOTES

¹Aung SKH. 1996. Loving kindness – The Essential Buddhist Contribution to Primary Care. *Humane Health Care International* 12(2):81-e’4

²Aung SKH. 1995. The Vital Importance of Integrated Complementary Medicine, *Alternative Medicine Journal (Complementary Medicine International)* 2(5):21-30.

³Bell R. 1991. Blossoming Prairie Buddhism: Alberta’s Growing Buddhist Community Celebrates a Major Festival. *Alberta Report* May 43:34.

The IBFA was founded in 1980 and incorporated under the Alberta Societies Act in 1988. The IBFA is also a member of the World Fellowship of Buddhists Bangkok, Thailand.

VISION:

A world united in the quest to realize the unity, strength, purity and compassion of the Buddha Dharma teachings toward the enlightenment of all sentient beings.

MISSION:

To promote the Buddha Dharma teachings and to facilitate, enhance and empower cooperation and compassion amongst all Buddhist and other religious community groups around the world.

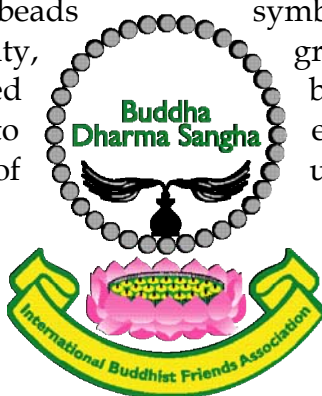
EXPLANATION OF THE IBFA LOGO:

The banner at the base of the logo gently but confidently enfolds the Lotus flower.

The Lotus is regarded throughout the East as a symbol of purity, gentleness, harmony and enlightenment. Usually depicted as closed, the open Lotus shown in this logo represents openness to truth and tolerance toward all religious traditions.

Circling above the Lotus flower is the Buddhist rosary, which is used in meditation. Each bead of the rosary represents a distinct Buddhist community group. Each bead is in contact with another but has its own individuality and is free to turn on its own. The gray shade of these beads symbolizes the first essential step toward complete solidity, groundedness and inner strength. The large, black, pagoda-shaped bead in the center of the logo is a constant reminder of the need to empty oneself to make room for one's growing awareness of ultimate reality.

The tassels at the top of the that all those who seek the same direction toward the of all sentient beings.



pagoda-shaped bead suggest enlightenment are moving in health, happiness and harmony

The three knots of eternity binding the tassels and the rosary together indicate total, disciplined commitment to Buddhism. The tassels are gently holding up the Triple Gem, namely, the Buddha, the Dharma and the Sangha.

IBFA MEMBERSHIP CATEGORIES:

HONORARY MEMBERS:

Eminent religious practitioners elected by IBFA board members

FULL MEMBERS:

Individuals and organizations practicing Buddhism

ASSOCIATE MEMBERS:

Those with a sincere interest in supporting Buddhism

ACTIVITIES:

Annual Wesak Celebration

Annual New Year Dinner

Regular Meetings

Buddhist and Interfaith Forums

International Peace Pagoda Projects

Public Lectures

Special Tours and Retreats

Community Charity



BUDDHIST TEMPLES AND SOCIETIES IN ALBERTA:

Alberta Buddhist Vihara Association (ABVA)

Updated September 28, 2006

International Director/President/Spiritual Head:
Bandula Samaratunga, President
Venerable Bhikkhu T. Seelananda, Spiritual Head

Local Contact Information:

Samatha-Vipassana Meditation Centre
2329 Millbourne Road West
Edmonton, Alberta
T6K 1H6
Phone: 780-641-9795
Email: samatha.vipassana@gmail.com
Website: www.ABVA.org

Registered Status:

Incorporated under the Society Act of Alberta

Nature of Tradition:

Theravada

Local Teachers:

Venerable Bhikkhu T. Seelananda

Monthly, weekly, daily practice:

Bhikkhu Seelananda's daily schedule

AM

4.00-6.00 = Meditation
6.00-7.00 = Cleaning the shrine and the environment
7.00-7.30 = Puja
7.30-8.30 = Heel dana (breakfast)
8.30-11.00 = Study/discuss and practice the Dhamma
with people who come to the center
(Visitors are also welcome with an appointment)
11.00-11.30 = Noon puja
11.30-1.00 = Noon dana (lunch) and cleaning/ short sermon and
chanting for blessing

PM

1.00-2.30 = Walking meditation (outside of the Centre)
3.00-6.00 = Study/discuss and practice the Dhamma
with people who come to the center
(Visitors are also welcome with an appointment)

- 6.00-7.00 = Bhante's personal time
 7.00-8.30 = Puja and meditation (Dhamma discussion on every Saturday from 7-9pm)
 8.30-11.30 = Study/discuss and practice the Dhamma (Bhante's personal time)

Please Note:

1. Thursday is the personal full-day retreat for Bhikkhu Seelananda.
2. The Meditation Centre is open for the public from 7.00am – 7.00pm service. (The Centre closes at 9.00pm)
3. Since this is a vegetarian Centre all are kindly requested to bring only purely vegetarian food (Not even eggs or Maldives-fish).
4. Bhante will answer telephone calls during daytime only.

Monthly Programs of the Centre

1. Daily, at 7am, 11am, and 7pm: A Simple Puja (all are welcome to participate with flowers, candles and incense).
2. First (1st) Sunday and third (3rd) Sunday of the month: From 1 – 2:00 pm: Youth Class; and from 4 – 6:00pm: Dhamma School for younger children
3. Second Sunday, from 7 – 9:00pm: Pali class for adults.
4. Last Sunday, from 7 – 9:00pm: Meditation class for adults.
5. Monday, Wednesday, and Friday, from 7 – 8:30pm: Puja and Dhamma sermon based on early discourses.
6. Every Saturday from 7 - 9:00pm: Puja and Sutta discussion with Canadian and American Dhamma friends (thru internet in Sinhalese).
7. Last Saturday from 7 - 9:00pm: Special puja and Dhamma discussion based on the *Majjhima Nikaya* for adults.
8. Saturday nearest to the Full Moon day: From 8:00am - 4:00pm *Seela Samadana* (full-day guided meditation) program.

* Every Tuesday from 7:00pm-9:00pm: Meditation, Dhamma talk and discussion in English.

Community Services:

Dhamma School for students who are between 5-15 years. For children and young adults over 15 years of age, a "Youth Dhamma Class" will be held on the 1st and 3rd Sunday from 1:00-2:00pm by the Abbot.

International Affiliation:

International Vihara Foundation based in New York Buddhist Vihara – USA, Minnesota Buddhist Vihara Association – USA, and Parama Dhamma Cetiya Pirivena Institute Ratmalana, Sri Lanka.

Buddhist Federation of Alberta (BFA)

International Director/President/Spiritual Head:
Rev. Yasuo Izumi

Local Contact Information:

3611 Forestry Ave South

Lethbridge, Alberta

T1K 3L5

Phone: 403-380-4076

Fax: 403-380-4076

Email: izumi.family@hotmail.com

Nature of Tradition:

Jodo Shinshu (True Pure Land Teaching)

Monthly, weekly, daily practice:

Services every Sunday

Community Services:

Occasional visitations to hospital/old folks home

Calgary Buddhist Temple

Updated October 10, 2006

International Director/President/Spiritual Head:

Dan McCormack, President

Rev. Kyojo Ikuta, Minister

Dr. Tony Barber, Assistant Minister

Local Contact Information:

207-6 Street NE

Calgary, Alberta

T2E 3Y1

Phone: 403-263-5723

Phone: 403-256-6561, Rev. Ikuta

Phone: 403-263-5723, Dr. Barber

Registered Status: Provincial and National

Nature of Tradition:

Mahayana, Jodo Shinshu

Local Teachers:

Rev. Kyojo Ikuta, Dr. Tony Barber

Monthly, weekly, daily practice:

Services on Sunday at 10:30am

Buddhist Activities:

Meditation every Tuesday except during summer months. Please call for further information. Lecture series on Buddhist text every Thursday. Please call for further information. Buddhist retreat – please call.

Community Services:

Food Bank, buy toys for kids on the day of Buddha's Enlightenment, sponsor a child in Sri Lanka, send aid to a private school in Buddha Gaya, send financial aid to a Buddhist group in Kenya.

International Affiliation:

Through Buddhist Churches of Canada to our mother temple, Nishi Hongwan-ji, Kyoto, Japan.

Calgary Theravadin Meditation Society

International Director/President/Spiritual Head:

Anne Mahoney, Coordinator/Teacher

Local Contact Information:

#3, 1922-9 Ave SE

Calgary, Alberta

T2G 0V2

Phone: 403-270-8450

Fax: 403-270-8588

Email: mca@spots.ca

Registered Status: no official status

Nature of Tradition:

Theravadin Buddhist Tradition

Local Teachers:
Anne Mahoney

Monthly/weekly/daily practice:

Meet twice a month on the 1st and 3rd Wednesday from 7-9pm. Twice a month, on the 2nd & 4th Mondays from 7:30-9pm, there is a Loving Friendliness study group. Both of these groups are open to any meditators. There is no cost to attend these groups. There are also 1 day meditation retreats, weekend meditation retreats and introductory meditation classes held on a regular basis.

Calgary Vipassana Meditation & Study Group

International Director/President/Spiritual Head:
Buddhapali (Barbara Ross), Director and main teacher

Local Contact Information:

The Yoga & Meditation Community Centre in Marda Loop
2028-33 Ave SW
Calgary, Alberta
T2T 1X4
Phone: 403-251-9642
Fax: 403-243-9697
Website: www.yogameditationcentercalgary.ca

Nature of Tradition:

Theravada – Venerable Bhante Gunaratana Nayaka Thera

Local Teachers:

Buddhapali (Barbara Ross), Judy Pequegnat-Jess – trained at Bhavana Monastery

Monthly, weekly, daily practice:

Weekly meditation courses – Sangha meets every second and fourth Sunday from September to May. Meditation retreats, anywhere from 1-10 day residential retreats and non-residential retreats with international teachers. Please see website for this years retreats.

Buddhist Activities:

2-3 meditation retreats per year

Community Services:

Promote Buddhist activities within the community, sponsor visiting Monks for special events, fund raiser for the Sri Lanka community.

International Affiliation:

Bhavana Monastery, West Virginia, USA
Birkenforest Monastery, Kamloops, BC
Insight Meditation Society, Barre Mass, USA

Community of Mindful Living - Bow Valley Sangha

International Director/President/Spiritual Head:

Mary Dumka, Director

Local Contact Information:

518-2 Street
Canmore, Alberta
T1W 2K5
Phone: 403-678-2034
Email: ma48an49@telus.net

Nature of Tradition:

Theravada

Local Teachers:

Venerable Sona - Abbot of Birken Forest Monastery, BC
Joanne Broatch - Lay teacher from Vancouver, BC
Mangalika (Mechele Calvert) - Dhammacaruja, Original teacher/Lay teacher

Monthly, weekly, daily practice:

Weekly meditation practice as a group in a private home to do sitting practice, study and discuss the Dhamma. Daily practice as individuals. Occasionally the group has days of mindfulness where they practice sitting, walking, and eating together in silence.

Buddhist Activities:

Sitting group, occasional days of mindfulness, and on rare occasion retreats.

Community Services:

Provide an introductory course on mindfulness meditation and the basic teachings of the Buddha through the local community education courses. Also takes Dana to send to Vietnamese children for teachers and food.

International Affiliation:

Thich Nhat Hanh's world wide listing of meditation groups.

Diamond Way Buddhist Society of Edmonton

International Director/President/Spiritual Head:

Mike Freeland, President under the direction of

Lama Ole Nydahl

HH the 17th Gyalwa Karmapa, Thinley Thaye Dorje, Spiritual Head

Local Contact Information:

#202, 10129-124 Street

Edmonton, Alberta

T5N 1P5

Phone: 780-482-3768

Fax: 780-482-5647

Email: Edmonton@diamondway-center.org

Website: www.diamondway.org/edmonton/

Registered Status: Provincial Non-Profit Society

Nature of Tradition:

Tibetan, Vajrayana, Karma Kagyu

Local Teachers:

Lama Ole Nydahl and his traveling teachers

Monthly, weekly, daily practice:

Wednesday evenings at 8pm at the OOSa Buddhist Temple, 10155-89 Street in Riverdale, Edmonton

Buddhist Activities:

Refuge, Ngondro and Guru yoga meditations, retreats/lectures as advertised

Community Services:

Instruction in the theory and practice of Vajrayana Buddhism

International Affiliation:

Diamond Way International

Edmonton Buddhist Meditation Group

Updated September 26, 2007

International Director/President/Spiritual Head:

Local Contact Information:

Suite #206 Spruce Manor, 9926-88 Avenue
Edmonton, Alberta
T6H 2G5

Phone: 780-433-3088

Phone: 780-974-1054 Chris or Teresa Hurst

Phone: 780-479-8909 Rod Walker

Email: info@serenereflections.ca

Website: www.serenereflections.ca

Registered Status: Provincial

Nature of Tradition:

Soto Zen

Local Teachers:

Monthly, weekly, daily practice:

Weekly meditation Wednesday's at 7:30pm.

Sunday service and meditation at 10:00am.

Buddhist Activities:

Meditation, ceremonies, Dharma Talks, retreats

Community Services:

Ceremonies, lectures

International Affiliation:

The Order of Buddhist Contemplatives (Shasta Abbey)

Edmonton Buddhist Peace Society

Local Contact Information:

102-12404-114 Ave

Edmonton, Alberta

T5M 3M5

Phone: 780-454-9296

Email: hsyren@interbaun.com

Monthly, weekly, daily practice:
Weekly meditation session, as well as study of basic Buddhist teachings.

**Edmonton Buddhist Research Institute -
Truc Lam Monastery**

International Director/President/Spiritual Head:
Rev. Thich Thien Tam
Rev. Thich Phap Hoa

Local Contact Information:

11328-97 Street
Edmonton, Alberta
T5G 1X4
Phone: 780-471-1093
Contact: Thay Phap Hoa
Email: truclam@telusplanet.net

Registered Status: Provincial

Nature of Tradition:
Mahayana Tradition

Local Teachers:
Rev. Thich Thien Tam and Rev. Thich Phap Hoa

Monthly, weekly, daily practice:
Monthly Vietnamese retreat, English retreat
Weekly: Friday English Meditation Buddhist lecture, Saturday Vietnamese Meditation
& Buddhist lecture and Sunday public services (by Vietnamese & English) & Vegetarian
lunch.
Daily: chanting, meditation and classes

Buddhist Activities:
Vietnamese/Chinese New Year's Celebration
Buddha's Enlightenment Day Celebration
Vesak Celebration
Ullambana Celebration
Children's Festival
Sangha's Annual Summer Retreat

Community Services:

Spring retreat, Summer retreat, Winter retreat for both Vietnamese and English speaking people

International Affiliation:

Vietnamese Unified Buddhist Congregation of Canada

Edmonton Shambhala Buddhist Centre

Updated August 3, 2006

International Director/President/Spiritual Head:

Sakyong Jampal Mipham Mukpo, incarnation of Mipham, the Great of Tibet. The Sakyong maintains two residences: one in Halifax and one in Bangladore, India.

Local Contact Information:

10110-124 Street

Edmonton, Alberta T5N 1P6

Phone: 780-484-9435

E-mail: fpshiwajohns@hotmail.com

Website: <http://members.shaw.ca/shambhalaedmonton/>

Registered Status: Non-profit in Alberta and Canada

Nature of Tradition:

Mahamudra and Dzogchen/Shambhala Traditions of Tibet

Local Teachers:

Susan Boychuk, Blake Halwa, Len Hunting, Frank Johns, Lorraine Johns

Monthly, weekly, daily practice:

Weekly, Thursdays 7pm and Sundays 10am. Monthly, one Sunday per month 7am to 9pm practice intensive. Quarterly, two full weekend workshops and two courses.

International Affiliation:

Shambhala International

Gaden Samten Ling Tibetan Buddhist Meditation Society

International Director/President/Spiritual Head:

His Holiness Dalai Lama is our Spiritual Head

Kushok Lobsang Dhamchoe is our resident Spiritual Leader

Local Contact Information:

11403-101 Street

Edmonton, Alberta

T5G 2A9

Phone: 780-479-0014

Email: info@gadensamtenling.org

Website: www.gadensamtenling.org

Registered Status:

National Registered Non-Profit Society

Nature of Tradition:

Tibetan Buddhist, Mahayana Tradition

Local Teachers:

Kushok Lobsang Dhamchoe

Monthly, weekly, daily practice:

Regular meditation classes: Tuesday evening beginner classes at 7pm. Wednesday evening intermediate classes at 7pm. Sunday mornings at 11am.

Buddhist Activities:

Monthly Tara and Chenrezig Practice, Guru Puja Practice, Medicine Buddha Practice, Mahayana Precept/Bodhisattva Precepts and Seasonal retreats are held at our Centre.

Community Services:

Celebration of HH Dalai Lama's birthday, Losar (Tibetan New Year), our Annual Tibetan Bazaar.

International Affiliation:

Namgyal Monastery in Dharamsala, India, which is the private residence of HH Dalai Lama.

Kamtsang Choling Calgary Buddhist Society

International Director/President/Spiritual Head:

Chris Bixby, President

Karmapa Thaye Dorje, Spiritual Head

Local Contact Information:

10823 Brae Place SW

Calgary, Alberta
T2W 1E4
Phone: 403-255-8423
Email: Calgary@diamondway.org
Website: www.diamondway.org/calgary

Registered Status: Alberta Non-Profit Society

Nature of Tradition:
Karma Kagyu School of Tibetan Buddhism

Local Teachers:
Lama Ole Nydahl, Spiritual Director

Monthly, weekly, daily practice:
For weekly meditations please refer to website

Buddhist Activities:
Weekly meditations and practice sessions, public lectures by traveling teachers.

Community Services:
Maintain Buddhist audio-visual and book libraries

International Affiliation:
International Diamond Way Buddhist Network under Lama Ole Nydahl, head quarters
in San Francisco, USA

Karma Tashi Ling Kagyu Tibetan Buddhist Meditation Society

Updated: July 24, 2006

International Director/President/Spiritual Head:
Venerable Thrangu Rinpoche

Local Contact Information:
10502-70 Ave
Edmonton, Alberta
T6H 2E9
Phone: 780-633-6157 – Ani Kunsang, main contact
Phone: 780-433-8463 – Usha Singh, Secretary
Phone: 780-437-3688 – Andrew Mitchell
Phone: 780-633-6157
Fax: 780-433-8463
Email: info@karmatashiling.ca

Website: www.karmatashiling.org

Registered Status: Charitable Status

Nature of Tradition:

Tibetan Kagyu

Local Teachers:

Venerable Thrangu Rinpoche

Lama Tashi Dondrup

Monthly, weekly, daily practice:

Wednesdays 7pm - Mahamudra (Samatha & Vipasyana Meditation). Sundays 10am - Vajrayana practices (Medicine Buddha, etc).

Buddhist Activities:

Public talks and seminars by visiting teachers. Forth coming residential teacher will assist group and visitors.

Community Services:

Support for school for Himalayan children, Kathmandu, and Nepal.

International Affiliation:

Associated with Ven. Thrangu Rinpoche's other centers in N. America and overseas. See our website.

Khmer-Canadian Buddhist Cultural Society

International Director/President/Spiritual Head:

Mr. Saman Svay, President

Prea Krou Vipassana Keo Hong, Spiritual Head

Bhikkhu Vodano Sphan, Spiritual Head

Local Contact Information:

7011 Ogden Rd SE

Calgary, Alberta

T2C 1B5

Email: khmerview@cambodianview.com

Website: www.cambodianview.com

Registered Status: Provincial Registered Status

Nature of Tradition:

Cambodian Theravada Buddhism

Local Teachers:

Preah Krou Vipassana Keo Hong and Bhikkhu Vodano Sophan

Monthly, weekly, daily practice:

Daily practice – ex. Dana offering and insight meditation

Buddhist Activities:

Spiritual guidance, ritual ceremony, insight meditation

Community Services:

Khmer language class, youth group, hall rental, performing art, community phone directory, senior support groups

International Affiliation:

International Buddhist Foundation of Alberta, Cambodian Buddhist Vipassana Insight Meditation Centre in Phnom Penh, The Corporation Body of the Buddha Educational Foundation.

Lao Alberta Buddhist Temple

Updated: November 22, 2006

Venerable Adjan Sipasong (Abbott)

Rita Ferguson: 439-6163

Local Contact Information:

9315-103A Avenue

Edmonton, AB

T5H 0H3

Phone: 780-420-0535

Fax: 780-420-1575

Registered Status: Charitable Licence

Nature of Tradition: Theravada

Monthly, weekly, daily practice:

Weekly

Buddhist Activities:

All Buddhist Ceremonies

Marpa Gompa Meditation Society

International Director/President/Spiritual Head:
Vajra Acharya Lama Karma Thinley Rinpoche, of Toronto

Local Contact Information:
77 Governor Drive SW
Calgary, Alberta
T3E 4Y8
Phone: 403-240-9836
Phone: 403-283-0195
Email: info@marpa-gompa.org
Website: www.marpa-gompa.org

Registered Status: Registered as a Non-Profit Society with Charitable Status

Nature of Tradition:
Tibetan Buddhism

Local Teachers:
Jetsun Rigdzin Khandro

Monthly, weekly, daily practice:
Two weekly meetings, daily practice and observance of special days

International Affiliation:
Kampo Gangra Drupgyudling, Toronto

Myanmar Buddhist Temple (Society)

International Director/President/Spiritual Head:
Khin Maung Yin (Executive Director)
Si Si Win (President)

Local Contact Information:
69 Martin Valley Road, NE
Calgary, Alberta T3J 4L9
Phone: 403-568-7205
Fax: 403-568-5533

Registered Status: Charitable

Nature of Tradition:
Theravada Buddhism

Local Teachers:

Shwe Pyi Aye Sayadaw U Tayzaniya

Sein Si Sayadaw U Thet Nyaw Bata (Mahasi Tradition)

Monthly/weekly/daily practices:

Every Friday 7pm – Dhamma Talk and Discussion

Every Sunday 2pm – Vipassana Meditation Practice

Buddhist Activities:

To link up with the growing world-wide culture of people committed to the Buddha's teachings and lifestyle. To offer its services to all Buddhist traditions and Non-Buddhist traditions. To conduct the regular meditation practice and Dhamma Talk to every walk of life. To continue to conduct religious celebrations on notable religious festival days as per Myanmar calendar so as to maintain the cultural heritage.

Community Services:

To develop opportunities for diversity-focused organizations and individuals to share their experiences and findings. To provide human assistance and to conserve the traditional culture. To collaborate with other communities and vulnerable groups to provide social needs and assist the reform of social protection by creating models of targeting and service provision. Participate in Calgary Multicultural Center for the fulfillment for the strengths of Canada's cultural diversity.

International Affiliation:

Member of International Buddhist Foundation of Canada

Sri Sathya Sai Baba Centre of Edmonton

International Director/President/Spiritual Head:

Raman Bharrat, President

Local Contact Information:

9619-82 Ave

Edmonton, Alberta

T6C 0Z9

Phone: 780-437-7243

Raman Bharrat, President

17929-91A Street

Edmonton, AB

T5Z 2K7

Phone: 457-2453/707-3708 cell

Email: rbharrat@ualberta.ca

Thai Buddhist Center

Rev. Lonpa (Abbott)

Local Contact Information:

Edmonton, AB

Phone: 451-9535

Phone: 451-0782

True Buddha Pai Yuin Temple

International Director/President/Spiritual Head:

Master Sheng-Yen Lu

Local Contact Information:

website: www.tbpyt.com

Registered Status:

Nature of Tradition:

Tibetan, Zen

Local Teachers:

Monthly, weekly, daily practice:

Every Saturday

International Affiliation:

True Buddha School

True Buddha School

Chin Yin Buddhist Society

International Director/President/Spiritual Head:

Master Lian Zhi

Local Contact Information:

12688-148 Avenue

Edmonton, Alberta

T5X 6C8
Phone: 780-423-0447
Fax: 780-426-3230
Email: chinyintemple@shaw.ca
website: www.chinyintemple.org

Registered Status: Provincial

Nature of Tradition:

Vajrayana & Mahayana tradition (major practice training in Vajrayana)

Local Teachers:

Founder of the True Buddha School Grand Master Sheng-yen Lu. Our group studies his commentary.

Locally we have Master Lian Zhi as our Buddhist teacher.

Monthly, weekly, daily practice:

Weekly and Daily practices

Buddhist Activities:

Every Wednesday night a 2 hour session for advance meditation and chanting. Every Sunday at 11:30am, an hour session open for all levels to join for praying and chanting. Occasionally we conduct Blessing and Bardo Deliverance Ceremony on Sunday afternoons.

Community Services:

Every Sunday at 12:30pm we serve free vegetarian lunch to the public.

International Affiliation:

There are more than 300 Chapters around the world, occasionally we invite Masters from other Chapters to give talks, teachings and conduct ceremonies.

Tzu Chi Foundation

Local Contact Information:

Mr. Simon Li
10838-33A Avenue NW
Edmonton, AB T6J 3C3

Phone: 780-463-0597

**Vietnamese Buddhist Congregation in Edmonton (The)
Phat Quang Temple**

International Director/President/Spiritual Head:
Mr Kuong Ly, Mr Anh Nguyen

Local Contact Information:
3104-48 Street
Edmonton, Alberta
T6L 5Z3

Phone: 780-461-7931

Registered Status: Provincially with Charity Number

Nature of Tradition:
Mahayana and Zen meditation

Local Teachers:
Rev. Thich Nu Hue Canh and Rev. Thich Nu Phuc Think

Monthly, weekly, daily practice:
Daily at 7pm: Buddhist sutra reciting and meditation
Weekly service, every Sunday at 10am: Buddhist sutra reciting, meditation, Dharma talk, vegetarian lunch

Willpower Institute Meditation Center - Calgary

Local Contact Information:
7248-25 Street SE
Calgary, AB T2C 1A1

Phone: 403-279-9155

Willpower Institute Meditation Center - Edmonton

Local Contact Information:
12520-135 Avenue
Edmonton, AB T5L 3X3

Phone: 780-451-9535, 459-0470